



THE ADR

Wellbeing Toolbox

Did pleading take your breath away?
Join us at

BREATH OF RELIEF: STRESS MANAGEMENT WORKSHOP

MONDAY, 25 MARCH 2024
19:00 CET

schönherr **SCHOTTENRING 19,**
1010 VIENNA



KABIR DUGGAL

Adjunct Professor, Columbia Law School

Programme:

19:00 - 19:15 Introduction
19:15 - 19:35 Light stretching and breathing
19:35 - 20:00 Conversation and networking



NIAMH LEINWATHER

VIAC Secretary General



AMANDA LEE

Founder of ARBalance



VICTORIA PERNT

Founder of myArbitration

